



Sunridge Gardens Recreational Calendar February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 SUNRIDGE GARDENS					1. 10:00 Dancercise 10:45 Stories with Doug 10:45 Brain Games 1:45 Bingo 3:00 Social Hour: Johnny Hsu	2. 10:00 Fun Fit 10:45 Glee Club 1:45 Bus: Country Drive 3:30 Poker 6:45 Whist
3. 2:00 Sunday Series "Gilmore Girls" 7:00 On the Big Screen	4. HEARING CLINIC 10:00 Simple Stretch 10:45 Manicures 11:30 Linda's Jewelry 2:00 Travel to the Mexican Rivera with Suede Dogs 3:15 Tai Chi with Wayne	5. SEATED YOGA 9:30 Bus: Nygard 10:00 Seated Yoga 10:45 Cranium Crunches 1:45 Crosswords 1:45 Bus: Willowbrook 3:00 Wii Bowling	6. 10:00 Ball Fit 10:45 Glee Club 1:45 Bingo 3:00 Social Hour: Ron Singh 3:00 Poker	7. CLA HYMN SING 9:45 Bus: Walmart 10:00 Weight Training 10:45 Men's Meet w Doug 10:45 Purls & Chains 1:45 Crosswords 1:45 Bus: Penny Pinchers 3:00 Penny Blackjack	8. 10:00 Dancercise 10:45 Stories with Doug 10:45 Brain Games 1:45 Bingo 3:00 Social Hour: Classic Rewind	9. 10:00 Fun Fit 10:45 Trivia w Doug 1:45 Bingo 3:00 Poker 3:00 Harvest Baptist Hymn Sing
10. 2:00 Sunday Series "Gilmore Girls" 7:00 On the Big Screen	11. Info. Session 10:00 Simple Stretch 10:30 Compassionate Touch: Information Session 1:45 Cribbage/Card Making 3:00 Social Hour: John Dean 7:00 Bingo with Shara	12. 10:00 Gentle Fitness 10:45 Fish Bowl 1:45 Bus: Nygard 1:45 Crosswords 3:00 Hidden Words w Ash 6:45 Rummoli	13. 10:00 Ball Fit 10:45 Glee Club 10:45 Manicures w Ash 11:00 Men's Outing: Vintage Truck Museum & Lunch 1:45 Bingo 3:00 STAFF MEETING	14. Valentine's Day 10:00 Weight Training 10:45 Purls & Chains 2:30 Entertainment: Beauty Shop Dolls "Falling in Love" 7:00 Cribbage	15. Movie Night 10:00 Dancercise 10:45 Stories with Doug 10:45 Brain Games 1:45 Bingo 3:00 Horse Races 7:00 Movie Night w Ash	16. 10:00 Fun Fit 10:45 Glee Club 2:00 Scottish Country Dancers Performing 3:30 Poker 6:45 Whist
17. 2:00 Sunday Series "Gilmore Girls" 7:00 On the Big Screen	18. Family Day Statuary Holiday  2:00 On the Big Screen 3:15 Tai Chi with Wayne 7:00 Cribbage	19. Presentation with Scott! 10:00 Theraband Class 10:45 Trivia w Ashley 1:45 Bus: Walmart 1:45 Wii Bowling 3:00 Crosswords 6:45 Rummoli 7:00 Manufacturing in China	20. Chinese Luncheon 10:00 Ball Fit 10:45 Glee Club 12:00 Chinese Lunch By Sign Up 2:00 Bingo 3:00 Poker 3:00 Fitness Equip. Review	21. CLA HYMN SING 10:00 Weight Training 10:45 Purls & Chains 10:45 Wii Bowling 1:45 Crosswords 1:45 Bus: Country Drive 3:00 Penny Blackjack	22. Birthday Lunch 10:00 Dancercise 10:45 Stories with Doug 10:45 Brain Games 1:45 Bingo 3:00 Birthday Social: Michelle Carlisle	23. Free Table 10:00 Fun Fit 10:45 Wheel Of Fortune 1:45 Bingo 3:00 Harvest Baptist Hymn Sing 3:00 Poker 6:45 Whist
24. 2:00 Sunday Series "Gilmore Girls" 7:00 On the Big Screen	25. 10:00 Simple Stretch 10:45 Manicures 1:45 Cribbage 1:45 Hidden Words w Ash 3:00 Social Hour: True Blue 7:00 Bingo with Shara	26. Health Talk 10:00 Gentle Fitness 10:45 Fish Bowl w Ash 2:00 Health Talk: "A Healthy Heart" 3:00 Crosswords 6:45 Rummoli	27. Pink Shirt Day Wear Your Pink!!! 8:00 Breakfast Club 10:00 Ball Fit 10:45 Glee Club 10:45 Manicures w Ash 1:45 Bingo 3:00 Poker	28. 10:00 Weight Training 10:45 Purls & Chains 10:45 Wii Bowling 1:45 Crosswords 1:45 Bus: Casino Trip 3:00 Horse Races 7:00 Cribbage		