

The Waterford Recreational Calendar February 2019

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The
WATERFORD
A BRIA COMMUNITY

LOCATION LEGEND:
NEW (SR) = Serenity Room #104
(L) = Lounge
(MP3) = 3rd Floor Multi-Purpose Room
(TV) = TV Room
(WR) = Wellness Room
(PDR) = Private Dining Room
(2FL) = 2nd Floor Lounge

FEBRUARY

ACTIVITY LEGEND:
+ = Physical
● = Social
♥ = Spiritual
♦ = Intellectual
☾ = Creative Expression

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 "Food On The Corner" Sandwich Making (TV) 10:00 Fitness to the Beat (L) + 10:15 Bus to KinVillage Book Sale 2:00 Monthly Meeting with the Recreation Team (TV) 3:30 Social Hour with Greg Hampson (L) ●	2 Groundhog Day 10:30 You Be The Judge (SR) ♦ 11:45 Bus to Cineplex Theatre to see <i>Mary Poppins Returns</i> 7:00 Movie Night: Georgia O'Keefe (2009) (TV)
3 10:30 Gentle Movement for Mind & Body with Lisa (MP3) + 2:00 Knit Wits (LIB) ● 3:30 Super Bowl LIII Kick Off (TV)	4 <i>Bring down your wedding photo to display for Valentine's Day!</i> 10:30 Functional Fitness (MP3) + 1:15 Bus to HomeSense (Tsaw.) 3:30 Short Stories with Liz (TV) ● 7:00 Tidying Up with Marie Kon-do: Tidying with Toddlers (TV)	5 Chinese New Year 9:55 - Walk to TED Talk at Tsawwassen Library (L) ♦ 10:30 Functional Fitness (MP3) + 2:00 Arts & Crafts: <i>Glitter Hearts for Valentine's Day Décor</i> (L) ☾ 3:30 Social Hour with Pete Campbell (L) ●	6 9:00 Nails By Adele (WR) 10:30 Functional Fitness (MP3) + 11-4:00 Carda Creations Clothing Sale (plus adaptive clothing) (L) 2:00 Bus to Traditional Chinese Tea Tasting at The Wexford 7:00 The Crown (S.1, E.1) (TV)	7 9:00 Resident Scrabble Game (SR) ♦ 10:30 Gentle Movement for Mind & Body with Lisa (MP3) + 10:30-12 Connect Hearing (WR) 3:00 Upwords Word Game (SR) ♦ 4:30 Bus to Dinner at Ocean Palace Chinese Restaurant 7:00 Cribbage (L)	8 BUFFET LUNCH 10:30 Sing-a-Long w/ Paul Kemp (L) 2:00 The Price Is Right with the Recreation Team (L) ♦ 3:30 Social Hour with Barry Powel (L) ●	9 2:45 Tai Chi with Wayne (MP3) +  7:00 Saturday Night Social (BYOB) (L) ●
10 10:30 Gentle Movement for Mind & Body with Lisa (MP3) + 2:00 Knit Wits (LIB) ● 3:30 Catholic Communion with Paul Duggan & Liana: Sacred Heart Church (TV) ♥ 7:00 Movie Night: Diana, Our Mother (2017) (TV)	11 10:30 Functional Fitness (MP3) + 1:00 Bus to Feed the Ducks @ Westham Island Bird Sanctuary 2:30 Afternoon Scrabble Game & Tea Served (L) ● 3:30 Short Stories with Liz (TV) ● 7:00 Tidying Up with Marie Kon-do: Empty Nesters (TV)	12 9:45 *NEW* Functional Fitness #1 (MP3) + 10:30 Functional Fitness #2 (MP3) + 2:00 The Waterford Spelling Bee (TV) ♦ 3:30 Social Hour with Peter Dean (L) ● 7:00 Bingo with Alice (TV) ●	13 10:15 Bus to Active Seniors Program 10:30 Functional Fitness (MP3) + 3:00 Root Beer Float Social (L) ●  7:00 The Crown (S.1, E.2) (TV)	14 Valentine's Day ♥ 9:00 Resident Scrabble Game (SR) ♦ 10:30 Gentle Movement for Mind & Body with Lisa (MP3) + 3:00 *LIVE* The Dating Game—Wine & Chocolate Served (With a visit from Hon. Minister Qualtrough, MPA Delta, for #BecauseYouCareWeek) (L) ● 7:00 Cribbage (L)	15 10:00 Fitness to the Beat (L) + 2:00 Valentine's Bingo with The Recreation Team (L) ● 3:30 Social Hour with Peter Montgomery (L) ●	16 9:45 Scrabble Game (SR) ♦ 11:45 Scenic Mystery Drive with Boxed Lunch 3:30 *NEW* Vinyl Café Audiobook with Stuart McLean—Listen and Enjoy! (SR) 7:00 Movie Night: A Tale of Two Cities (1989) (TV)
17 10:30 Gentle Movement for Mind & Body with Lisa (MP3) + 2:00 Knit Wits (LIB) ● 2:00 Church Service: Tsawwassen United Church with Rev. Dan (L) ♥ 7:00 Movie Night: Camille (1984) (TV)	18 Family Day  7:00 Tidying Up with Marie Kon-do: The Downsizers (TV)	19 9:55 - Walk to TED Talk at Tsawwassen Library (L) ♦ 10:30 Functional Fitness (MP3) + 12:30 Birthday/New Resident Lunch (PDR) 3:30 Birthday Social Hour with Brian Zalo (L) ●	20 9:00 Nails By Adele (WR) 10:15 Bus to Active Seniors Program 10:30 Church Service: St. David's Anglican with Piano Music (TV) ♥ 10:30 Functional Fitness (MP3) + 3:00 Travel Show with Malcolm & Linda: Mexico (TV) 7:00 The Crown (S.1, E.3) (TV)	21 9:00 Resident Scrabble Game (SR) ♦ 9:15 Resident Council Meeting (PDR) 10-12:00 Wellness Clinic with Marla Ellis, Registered Nurse (WR) 10:30 Gentle Movement for Mind & Body with Lisa (MP3) + 11:30 Bus to Value Village (New West) 3:30 Giant Horse Racing Dice Game—Bring Your Loonies! (L) ● 7:00 Cribbage (L)	22 BUFFET LUNCH 10:30 Sing-a-Long w/ Paul Kemp (L) 2:00 Men's Meeting (TV) ● 2:00 Tabletop Curling / Dominoes (L) ● 3:30 Mexican Social Hour with Shawn McKee featuring tropical drink specials (L) ●	23 2:45 Tai Chi with Wayne (MP3) + 3:30 Michelle Jones' Piano School Recital (L) 7:00 Saturday Night Social (BYOB) (L) ●
24 10:30 Gentle Movement for Mind & Body with Lisa (MP3) + 2:00 Knit Wits (LIB) ● 7:00 Movie Night: Emma (1996) (TV)	25 10:15 Bus to Lunch at Olive Garden (Langley) 10:30 Keep Fit (30 mins with Brenda) (MP3) + 3:30 Short Stories with Liz (TV) ● 7:00 Tidying Up with Marie Kon-do: Sparking Joy After A Loss (TV)	26 9:45 Functional Fitness #1 (MP3) + 10:30 Functional Fitness #2 (MP3) + 2:00 Giant Crossword (TV) ♦ 3:30 Social Hour with Dale Peterson & The Tunemakers (L) ● 7:00 Bingo with Karlene/Ella (TV) ●	27 <i>Pink Shirt Day Anti-Bullying Campaign—WEAR PINK!</i> 10:15 Bus to Active Seniors Program 10:30 Functional Fitness (MP3) + 11:15 Pink Shirt Day Group Photo (L) 2:30 Mind Games (TV) ♦ 3:30 Arts & Crafts: Print Making (L) ☾ 7:00 The Crown (S.1, E.4) (TV)	28 9:00 Resident Scrabble Game (SR) ♦ 10:30 Gentle Movement for Mind & Body with Lisa (MP3) + 11:45 Bus to see <i>Oklahoma!</i> at South Delta Secondary School 3:30 Penny Ante Card Game (L) ● 7:00 Cribbage (L)	 <div style="border: 2px solid red; padding: 5px; display: inline-block; margin-top: 10px;"> BRIDGE Every night at 6:30pm </div>	