





# April 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>10:00 Chair Yoga with Wendy BF 3:30-4:30 Social Hour with... Steve Hillis 6:00 Cribbage with Ollie BB</p>	<p>2 10:10 Delta Gymnastics Young @ Heart Program 12:30 Bus Drive in Search of Cherry Blossoms 3:30 Trivial Pursuit with John (Bria Bistro) 6:00-7:00 Resident Led Bingo BB</p>	<p>3 10:30 'In Step' Balance Class BF 2:30 Indoor Boccie BB 3:00 'In Stitches' Knitting Group (All knitters welcome!) ML 6:00 Resident Led Dominos BB</p>	<p>4 11:00-2:00 Avon Calling FL 2:00-2:45 Short Stories &amp; Quotes with John ML 3:30-4:30 Social Hour with... Barry Powell Vocals &amp; Keyboard ML</p>	<p>5 10:30 Functional Fitness BB 11:00 Lunch At The Flying Beaver In Richmond 1:00 Bailey &amp; her Owner come for a visit FL 2:30 Wii Bowling FL 6:00-7:00 Resident Led Bingo</p>	<p>6 10:00 Chair Yoga with Wendy BF 2:00 Ping Pong Game BF 2:30 Lecture on Eye Health for Seniors @ The Waterford (By Elder College) 6:30 Movie Night Viewer's Choice. See Reception FL</p>
<p>7 <b>Church Services</b> 10:30 Church Service &amp; Hymns with Reverend Danielle Martell 6:00-7:00 Resident Led Bingo BB</p>	<p>8 *Card Sales For Alzheimer's April 8-11<sup>th</sup> in the Front Lounge 9:30 Sandwich Making for Freshwave Ministries 10:00 Chair Yoga with Wendy BF 10:00-2:00 Fashion Closet, Clothing Jewelry, and much more! 3:30-4:30 Social Hour with... Peter Montgomery 50/50 Fundraiser for Alzheimer's 6:00 Cribbage with Ollie BB</p>	<p>9 10:10 Delta Gymnastics Young @ Heart Program 10:30 Functional Fitness BB 12:30 Bus Trip to Oakridge Mall 2:00 Jeopardy Game! BB 6:00-7:00 Resident Led Bingo</p>	<p>10 10:30 'In Step' Balance Class BF 1:30 Recreation &amp; Roof Top Planter Box Meeting 3:00 'In Stitches' Knitting Group (All knitters welcome!) ML 6:00 Resident Led Dominos BB</p>	<p>11 10:00-12:00 Wellness Clinic BF 1:30-2:30 Wikipedia with John FL 3:30-4:30 Social Hour with... Alan Booleanoff Vocals ML 50/50 Fundraiser for Alzheimer's</p>	<p>12 11:00-1:00 The WATERFORD BBQ Fundraiser for Alzheimer's 1:00 Bailey &amp; her Dog come for a visit ML 6:00-7:00 Resident Led Bingo</p>	<p>13 10:00 Chair Yoga with Wendy BF 2:00 Ping Pong Game BF 2:30 Michelle Jones Students Performance ML 6:30 Movie Night Viewer's Choice. See Reception FL</p>
<p>14 1:00 Rock Painting with Irene BB 6:00-7:00 Resident Led Bingo BB</p>	<p>15 10:00 Chair Yoga with Wendy BF 3:30-4:30 Social Hour with Greg Alcock ML 6:00 Cribbage with Ollie BB</p>	<p>16 10:10 Delta Gymnastics Young @ Heart Program 10:30 Functional Fitness BB 12:00 Wexford Volunteer Appreciation Lunch Location will be announced soon! 6:00-7:00 Resident Led Bingo</p>	<p>17 10:30 'In Step' Balance Class BF 1:30-3:30 Tsawwassen Hearing BF 1:00 Easter Cupcake Decorating &amp; Tea Time BB 3:00 Local Drive 3:00 'In Stitches' Knitting Group (All knitters welcome!) ML 6:00 Resident Led Dominos BB</p>	<p>18 11:30 Easter Holiday Brunch Omelettes Pancakes, Bacon &amp; Sausages! Bria Bistro 2:00 Wexford Easter Egg Hunt!! Pick up your Clue Sheet from Recreation. Meet the Mysterious Easter Bunny!! 3:30-4:30 Social Hour with Alan Mulholland Guitar &amp; Vocals ML</p>	<p>19 <i>Good Friday</i> <i>Statutory Holiday</i></p>	<p>20 10:00 Chair Yoga with Wendy BF 2:00 Ping Pong Game BF 3:00 Sing-a-long with... Donald Nash ML 6:30 Movie Night Viewer's Choice. See Reception FL</p>
<p>21 1:00 Help Irene Shaw to Distribute Chocolate Eggs in Courtyard for Easter Egg Hunt for Children in Townhouses, <i>Easter Family Dinner!</i> 4:30-6:00 Regular Seating *Please make Reservation for your Dinner guests at the Front Desk 6:00-7:00 Resident Led Bingo BB</p>	<p>22 10:00 Chair Yoga with Mo <i>Easter Monday</i> <i>Statutory Holiday</i></p>	<p>23 10:10 Delta Gymnastics Young @ Heart Program 10:30 Functional Fitness BB 12:15 'French Moderns Monet to Matiese' at The Vancouver Art Gallery 3:00 Bella &amp; BamBam our Furry Friends Come for a visit 6:00-7:00 Resident Led Bingo</p>	<p>24 10:30 'In Step' Balance Class BF 11:00 Chef's Chat BB 2:00-4:00 Art &amp; Painting with Enya 3:00 'In Stitches' Knitting Group (All knitters welcome!) 4:45 Dinner with John (Resident's Choice) ML 6:00 Resident Led Dominos BB</p>	<p>25 12:00 Birthday Lunch PDR 1:45 Hilarious You-Tube Moments with John on the Big Screen!! 3:30-4:30 Birthday Social Hour with... Peter Dean Guitar/Vocals ML</p>	<p>26 10:15 Abbotsford Tulip Festival Weather Permitting Alternative will be a Drive 1:00 Bailey &amp; her Dog come for a visit 2:00 Walk to Artist Guild "See Display" (On 56St.) ML 6:00-7:00 Resident Led Bingo BB</p>	<p>27 10:00 Chair Yoga with Wendy BF 2:00 'Spring has Sprung!' Delta Concert Band @ Kin Village 6:30 Movie Night Viewer's Choice. See Reception FL</p>
<p>28 Resident Led Rock Painting 6:00-7:00 Resident Led Bingo B</p>	<p>29 10:00 Chair Yoga with Wendy BF 3:30-4:30 Social Hour with... Christine Oliver on Piano ML 6:00 Cribbage with Ollie BB</p>	<p>30 10:10 Delta Gymnastics Young @ Heart Program 10:30 Functional Fitness BB 12:30 Bus Trip to Starlight Casino 6:00-7:00 Resident Led Bingo</p>	<p><b>MAY 1ST</b> 10:30 'In Step' Balance Class BF 1:30 Antarctic Travel Slide Show With Paul &amp; Ann Thomas ML 6:00 Resident Led Dominos BB</p>	<p><b>MAY 2ND</b> 10:30 Walk &amp; Talk Meet in the Lobby 1:30-2:30 Storytime with John ML 3:30-4:30 Social Hour with John Dean ML</p>	<p><b>MAY 3RD</b> 10:30 Functional Fitness BB 1:30 Local Drive 6:00-7:00 Resident Led Bingo</p>	<p><b>May 4th</b> 10:00 Chair Yoga with Wendy BF 6:30 Movie Night Viewer's Choice. See Reception FL</p>
<p><b>LOCATIONS LEGEND</b> BB Bria Bistro DR Dining Room ML Main Lounge BF Bria Fit Room PDR Private Dining Room FL Front Lounge</p>						