The Waterford Recreational Calendar June 2019



Wednesday Tuesday Sunday Monday Thursday Friday Saturday **LOCATION LEGEND:** 1 8:15 Bus to The Grand Parade with **EXCLUSIVE DINNER** BRIDGE (L) = Lounge Diane and The Wexford Thursday June 13 Every night at 6:30pm (MP3) = 3rd Floor Multi-Purpose Room 11-6:00 Ladner Bandfest @ Memorial 4:30-6:15pm (Lounge) Park in Ladner (own transportation) (TV) = TV Room\$35 / \$40 with Wine Pairing 3:15 Ballroom Dance Performance by (WR) = Wellness Room Tickets on sale now! *NEW* Mondays at Dancing for Dessert (L) (Limited quantity available) (PDR) = Private Dining Room 2:45 Tai Chi with Wavne (MP3) 3:00pm (LIB) = Library (3FL) = 3rd Floor Lounge 7:00 Saturday Night Social (Resident run, (Serenity Room) Join Chef Rod for an exclusive (RP) = Rooftop Patio, 4th Floor bring your own bottle) (L) five-course fine dining experience! (2FL) = 2rd Floor Lounge 3 British Week 10:30 Chair Yoga with Laura 10:30 Functional Fitness (MP3) 10:15 Bus to Active Seniors Program 10:30 Gentle Movement for Mind & Body 9:00 "Food on the Corner" 10:00 Weekender Review with Chanelle 3:00 *NEW TIME* with Lisa (MP3) Sandwich Making (TV) Scrabble (TV) 1:30 Bus to The British Shop (Surrey) 11:30 Bus to Lunch at 10:30 Sing-a-Long w/ Paul Kemp 2:00 Monthly Recreation 10:30 Functional Fitness (MP3) Sharkey's (Ladner) Meeting (TV) 3:00 Show & Tell (Bring something to 12:30 Bus to KinVillage for Big Bingo 1:45 Chronic Pain Workshop show & tell everyone about) (TV) 2:15 British Trivia (TV) (Registered Only) (TV) 3:30 Social Hour with Kenny 3:30 British Social Hour with Liz 3:00 Main Floor Patio Social Hour Buston (L) 4:45 Bus to Pasta Night at Beach Grove 3:30 Short Stories with Liz & Steve (L) (Serving Ice Cream Bars) Golf Club (Tsawwassen) 7:00 Movie Night: The Upside (2019) 7:00 Netflix Series: Our 7:00 *NEW TIME* Scrabble (TV) 7:00 Waiting for God: Wel-Starring Bryan Cranston and Nicole Kid-7:00 Bingo with Alice (TV) Planet: One Planet (Ep. 7:00 The Crown (S.2 E.8) (TV) come to Bayview (S.1 E.1) (TV) 7:00 Cribbage (L) man (TV) 1) (TV) 12 15 14 FATHER'S DAY BBQ LUNCH 10:30 Fitness to The Beat (L) 11:30 Bus to Father's 10:30 Chair Yoga with Laura 10:30 Bria Van to Winskill 9:00 Nails with Adele (WR) 10:30-12:00 Connect Hearing (WR) 11-3:00 Senior's Day at Rotary Square Day Lunch at Ricky's Pool & Hot Tub (Tsawwassen) 10:15 Bus to Active Seniors Program 10:30 Gentle Movement for Mind & Body (mall next door) - Live Music Performanc-11:30 Bus to Surrey Art 2:00 Shoot a Game of Pool (3FL) 10:30 Functional Fitness (MP3) es, Food-On-A-Stick Competition, with Trey with Lisa (MP3) **Gallery Self-Guided Tour** 3:00 Catholic Commun-10:30 Functional Fitness (MP3) 1:30 Bus to Emma Lea Farm for Ice Vendors, and more! 3:30 Father's Day Social Hour 3:00 Bean Bag Toss Game (L) 1:45 Chronic Pain Workshop ion with Paul Duggan: Cream/Local Scenic Drive with Steve Hillis-Wear Plaid for **Sacred Heart Church** (Registered Only) (TV) 2:45 Tai Chi with Wayne (MP3) 2:15 Indoor Golf (L) Dad! (L) 4:30 Exclusive Dinner (Registered Only) 3:30 Beginner Conversational 3:30 Arts & Crafts: Make Wacky 7:00 *NEW* Armchair Theatre: 7:00 Netflix Series: Our German Class (30 mins) (MP3) 7:00 Saturday Night Social (Resident run, 3:30 Social Hour with Peter Paper Ties for Father's Day (TV) Hans Zimmer, Live in Prague Planet: Frozen Worlds bring your own bottle) (L) 7:00 Waiting for God: A Trip to Williams (L) 7:00 Cribbage (L) (2017) (TV, Netflix) 7:00 The Crown (S.2 E.9) (TV) (Ep. 2) (TV) Brighton (S.1 E.2) (TV)

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2:00 Church Service: Tsawwassen United with Rev. Dan (L)

7:00 Netflix Series: Our Planet: Jungles (Ep. 3) (TV)



11:30 Bus to Lunch at

(Registered Only) (TV)

7:00 Waiting for God:

(Registered Only) (TV)

2:30 Craft Project: Make

Wildflower Seed Bombs (L)

3:30 Short Stories with Liz

7:00 Waiting for God: The

Christening (S.1 E.4) (TV)

10:30 Functional Fitness (MP3)

1:45 Chronic Pain Workshop

Kamome Japanese

3:00 Scrabble (TV) 7:00 Netflix Series: Our Planet: Coastal Seas (Ep. 4) (TV)

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7:00 Netflix Series: Our Planet: From Deserts to Grasslands (Ep. 5) (TV)

10:30 Chair Yoga with Laura Restaurant (Tsawwassen) 1:45 Chronic Pain Workshop 3:30 Quiz & Trivia Time! (LIB) Cheering up Tom (S.1 E.3) (TV)

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10:30 Functional Fitness (MP3) 12:30 Birthday/New Resident Lunch (PDR) 2:00 Seniors Can Move Presentation and Video with **Delta Gymnastics (TV)** 3:30 Birthday Social Hour with Peter Dean (L) 7:00 Bingo with Karlene/Ella

10:15 Bus to Active Seniors Program 10:30 Functional Fitness (MP3) 10:30 Church Service: St. Andrews Anglican with Rev. Danielle Martell (TV) 11-2:30 Fashion Closet (L) 3:00 Rooftop Social Hour (Drink Feature: Screwdrivers) (RP) 7:00 The Crown (S.2 E.10, Finale) (TV)

9:00 Nails with Adele (WR)

10:30 Functional Fitness with Carla

11:45 Veterans Luncheon at Tsawwas-

sen Legion (own transportation/taxi)

2:00 Poetry Reading by Betty Scott

3:30 Travel Show with Suede Dogs:

11-2:00 5th Avenue Jewelry (TV)

with Complimentary Wine (TV)

Across Canada (L)

10-12:00 Wellness Clinic with Marla Ellis. RN (WR) 10:30 Gentle Movement for Mind & Body with Lisa (MP3) 10:30 Visit from KidZone Daycare (L) 11:30 Bus to Vancouver Canadians **Baseball Game (Nat Bailey Stadium)** 3:30 Short Stories with Sandy (TV) 7:00 Cribbage (L)

9:15 Resident Council Meeting (PDR)

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National Indigenous People's Day 10:30 Sing-a-Long w/ Paul Kemp 2:00 Chef Chat with Rod (TV)

3:30 First Day of Summer Social Hour with John Dean (L)

28 CANADA DAY BBQ LUNCH

10:30 Fitness to The Beat (L)

3:30 Canada Day Social Hour

with Derek Barnett—Wear red

7:00 Armchair Theatre: Barbra

Streisand "Timeless", Live in

Concert (2001) (TV, Netflix)

7:00 Scrabble (TV)

and white! (L)

11:30 Bus to The Wexford for Myrtle's Famous Hot Dog Day (Fundraiser for the Alzheimer Society of BC)

7:00 Movie Night: Dolphin Tale (Netflix) **Based on a True Story**

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2:45 Tai Chi with Wayne (MP3)



7:00 Saturday Night Social (Resident run, bring your own bottle) (L)

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3:30 Ping Pong with Recreation (L)

7:00 Cribbage (L)

10:30 Bria Van to Winskill Pool & Hot Tub (Tsawwassen)

10:30 Functional Fitness (MP3)

2:00 Spelling Bee (TV)

3:30 Social Hour with Greg Hampson (L)

Canadian Multiculturalism Day

10:30 Gentle Movement for Mind & Body with Lisa (MP3)

2:30 Balloon Volleyball (L)