























































JUNE 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Church Services 10:30 Church Service and Hymns with Reverend Danielle Martelle FL 1:00 Resident Rock Painting BB 6-7:00 Resident Led Bingo BB					LOCATIONS LEGEND BB Bria Bistro DR Dining Room ML Main Lounge BF Bria Fit Room PDR Private Dining Room FL Front Lounge	1 8:00 The Grand Parade Walk for Seniors (Bria Sponsored) *Ping Pong all day Today. Grab a partner and have some fun!!  10:00 Chair Yoga with Wendy BF 6:30 Movie Night Viewer's Choice See Reception
2 Church Services 10:30 Church Service and Hymns with Reverend Danielle Martelle FL  6-7:00 Resident Led Bingo BB	3 10:00 Chair Yoga with Wendy BF  3:30-4:30 Social Hour with Jonathon Scott's Comedy Piano Show ML  6:00 Cribbage with Ollie BB	4 10:10 Delta Gymnastics 10:30 Functional Fitness BF 12:30 Shopping @ Oakridge  For Shopping & or Tour of Future Plans for Oakridge Mall. A Must See! 1:30 Story with John ML 6-7:00 Resident Led Bingo BB	5 10:30 'In Step' Balance Class BF Copies of June Short Story available on Front Lounge Table (Short Story Book Club Wed. June 26th) 3:00-4:30 100 th Birthday Party for Elinor Sanders! Everyone is welcome to join in on the celebration!! Entertainment by Harpists Miya & Kaylyn   6:00 Resident Led Dominos BB	6 10:30 Good Morning Stretch with John BF 11:00-3:00 Avon Calling! FL 1:30 Writing Group with Ben BF 1:00 Wacky tie Making with John BB 3:30-4:30 Social Hour with... Barry Powell Keyboard & Vocals 50/50 (Proceeds go to Prostate Cancer Canada)  ML	7 10:30 Functional Fitness BB 12:30 Bus Trip to Starlight Casino 1:00 Baillie the Dog & Owner come for a visit ML 2:00 Indoor Golf & Bean Bag Toss  BB 2:30 Gentle Stroll (20 minutes)  3:00 Keep Fit Walk & Talk (Please meet in lobby for all walking Trips)  6-7:00 Resident Led Bingo BB	8 10:00 Chair Yoga with Wendy BF 3:00 Oral Health & Denture Care with Dr. Panesar & Dr. Jesse from Tsawwassen Family Dental & Implants Care Presentation with Dr. A Billing  BB 6:30 Movie Night Viewer's Choice See Reception ML
9 Afternoon Shuffleboard In the Main Lounge  6-7:00 Resident Led Bingo BB	10 9:30 Sandwich Making for Freshwaves Ministries  BB 10:00 Chair Yoga with Wendy BF  3:30-4:30 Social Hour with... Music Variations  ML 6:00 Cribbage with Ollie BB	11 Ping Pong All Day in the Front Lounge Grab a Partner & Have some fun!  10:10 Delta Gymnastics 11:00 Lunch at the Flying Beaver in Richmond 3:00 Bella The Dog & Her Owner Morgan Come for a visit FL 6-7:00 Resident Led Bingo BB	12 10:30 'In Step' Balance Class' BF 11:00 Resident Quarterly Meeting In the Main Lounge 1:00 "Coffee with a Cop" Open Discussion with... Constable Lee Chapman ML  3:00 'In Stitches' Knitting Group ML 6:00 Resident Led Dominos BB	13 10:30 Morning Stretch with John BF 10:00-12:00 Wellness Clinic BF 1:30 Writing Group with Ben BF 2:30 Father's Day Lego Building Competition, Wacky Tie Contest Name that Tool, Beer Tasting and More!! Everyone to Join in!!  6-7:00 Resident Led Bingo BB	14 10:30 Functional Fitness BB 1:00 Baillie the Dog & Owner come for a visit ML 2:00 Resident Led Walk  Caribbean Father's Day Feast (Regular Seating 4:30-6:00)  6:30-7:30 Father's Day Celebration with Suede Dog Ocean Breeze Signature Cocktail 	15 10:00 Chair Yoga with Wendy BF 10:30 Departure to Seniors Day @ Town Centre Mall  6:30 Movie Night ML Viewer's Choice See Reception FL
16  Church Services 10:30 Church Service and Hymns with Reverend Danielle Martelle FL  6-7:00 Resident Led Bingo BB	17 10:00 Chair Yoga with Wendy BF  3:30-4:30 Social Hour with... Michelle Carlisle Vocals & Keyboard ML  6:00 Cribbage with Ollie BB	18 10:10 Delta Gymnastics 10:30 Functional Fitness BF 12:15 Steam Engine Model Train Operating Display (North Delta) *Please Note Maximum 12 Guests 	19 10:30 'In Step' Balance Class BF 11:00 Chef's Chat  1:30-3:30 Tsawwassen Hearing BF 2:30 In Indoor Bocce  BB 3:00 'In Stitches' Knitting Group ML 4:45 Dinner with John At Ming Court (Ladner)  6:00 Resident Led Dominos BB	20 10:30 Good Morning Stretch with John BF 11:30 Bus Trip to Nat Bailey Stadium with The Waterford 11:30 Birthday Lunch PDR 1:30 Writing Group with Ben BF 3:30-4:30 Birthday Social Hour with Allan Boolenoff ML 50/50 (Proceeds go to Prostate Cancer Canada) 	21 10:30 Functional Fitness BB 12:30 Bus Trip to Elements Casino 1:00 Baillie the Dog & Owner come for a visit ML 2:00 Tea & Conversation with Diane ML 2:30 Gentle Stroll (20 minutes)  3:00 Keep Fit Walk & Talk (Please meet in lobby for all walking Trips)  6-7:00 Resident Led Bingo BB	22 10:00 Chair Yoga with Wendy BF 11:30-2:30 Myrtles Hot Dog Fundraiser For Alzheimer's Circus Theme with Chameleon Entertainment  6:30 Movie Night /Viewer's Choice See Reception ML
23 Afternoon Shuffleboard In the Main Lounge  6-7:00 Resident Led Bingo BB	24 9:30 Sandwich Making for Freshwaves Ministries  BB 10:00 Chair Yoga with Wendy BF  3:30-4:30 Social Hour with... Colleen & Steve ML  6:00 Cribbage with Ollie BB	25 Ping Pong All Day in the Front Lounge Grab a Partner & Have Some fun!  10:00 Swartz Bay Round Trip Ferry Ride and Lunch on Board 	26 10:30 'In Step' Balance Class BF 2:00-4:00 Art & Painting with Enya BB *11:50 Walk to Veterans Lunch To Legion (Tsawwassen Branch) See sign up for more Details 12:30 Bus Trip to Emma Lee Farms & Drive For Ice Cream Sundae  3:00 'In Stitches' Knitting 6:00 Resident Led Dominos BB 6:30 Resident Led Short Story Book Club ML	27 10:30 Good Morning Stretch with John BF 1:30 Writing Group with Ben BF 2:00 Recreation Chat with Diane ML  3:30-4:30 Social Hour with... Peter Dean Guitar Vocals ML 50/50 (Proceeds go to Prostate Cancer Canada) 	28 10:30 Functional Fitness BB Demonstration with Diane 1:00 Baillie the Dog & Owner come for a visit ML 2:00 Canada Day Fun & Games Celebration with Complimentary Signature Drink  6-7:00 Resident Led Bingo BB	29 10:00 Chair Yoga with Wendy BF 3:00-4:00 Canada Day Sing-a-long with Donald Nash    6:30 Movie Night ML Viewer's Choice See Reception