


# Sunridge Gardens Recreational Calendar August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <b>SUNRIDGE GARDENS</b>				<b>1. Walmart</b> 10:00 Weight Training 10:45 Purls & Chains 10:45 Men's Wii Practice 1:45 Crosswords / <b>Walmart</b> 3:00 Ladies Wii Practice 7:00 Cribbage / CLA Hymn	<b>2.</b> 10:00 Gentle Fitness 10:45 5 Second Rule Game 1:45 Bingo <b>3:00 Social Hour:</b> <b>Michelle Carlisle</b>	<b>3.</b> 10:00 Saturday Stroll 10:45 Sunridge Sing-A-Long <b>1:45 Bus: Country Drive</b> 3:30 Hidden Words 6:45 Whist 7:00 Resident Wii Bowling
<b>4.</b> 2:00 Sunday Matinee 7:00 On the Big Screen	<b>5. Civic Holiday</b> 2:00 On the Big Screen 3:15 Tai Chi with Wayne 7:00 On the Big Screen 7:00 Resident Wii Bowling	<b>6. Hearing Clinic</b> 10:00 Simple Stretch 10:45 Lets Chat w Sharie <b>1:45 Bus: Willowbrook</b> 1:45 5 Second Rule 3:00 Fishbowl w Sharie 6:45 Rummoli	<b>7.</b> 10:00 Ball Fit 10:45 Manicures with Ash 10:45 Sunridge Sing-A-Long <b>12:15 Bus: Lion King Movie</b> 1:45 Bingo 3:00 Poker <b>3:00 Social Hour: Ron Singh</b>	<b>8.</b> 10:00 Weight Training <b>10:00 Bus: Steveston Lunch</b> 10:45 Purls & Chains 10:45 Men's Wii Practice 1:45 Crosswords 3:00 Ladies Wii Practice 7:00 Cribbage	<b>9. Pancake Breakfast</b> 9:00 Pancake Breakfast 10:00 Gentle Fitness 10:45 Brain Games 1:45 Bingo 1:45 Walk the Block <b>3:00 Social Hour:</b> <b>Greg Gorrie</b>	<b>10.</b> 10:00 Saturday Stroll 10:45 Wheel of Fortune <b>1:30 Bus: Country Drive</b> <b>Reifel Bird Sanctuary</b> 6:45 Whist Night 7:00 Res. Wii Bowling
<b>11.</b> 2:00 Sunday Matinee 7:00 On the Big Screen	<b>12. Picnic in the Park</b> 10:00 Simple Stretch <b>11:00 Picnic in the Park</b> <b>3:00 Social Hour:</b> <b>Peter Williams</b> 7:00 Cribbage 7:00 Bingo w Shara	<b>13. Movie Night w Ashley</b> 10:00 Theraband Exercise 10:45 Brain Games 1:45 Crosswords <b>1:45 Bus: Homesense, Laura &amp; Indigo</b> 3:00 Ladies Wii Practice 6:45 Rummoli / Movie	<b>14.</b> 10:00 Ball Fit 10:45 Sunridge Sing-A-Long 1:45 Bingo / Walk the Block 3:00 Poker 3:00 Pictionary Ash vs Sharie <b>7:00 Campfire Sing-A-Long</b>	<b>15. Sofie's Design</b> 10:00 Weight Training 10:45 Purls & Chains 10:45 Men's Wii Practice 1:45 Crosswords 3:00 Ladies Wii Bowling 7:00 Cribbage 7:00 CLA Hymn Sing	<b>16.</b> 10:00 Gentle Fitness 10:45 Brain Games 1:45 Bingo <b>3:00 Social Hour:</b> <b>Kierah</b>	<b>17.</b> 10:00 Saturday Stroll 10:45 Sunridge Sing-A-Long 1:45 Bingo 3:00 Wheel of Fortune 6:45 Whist Night 7:00 Res. Wii Bowling
<b>18.</b> 2:00 Sunday Matinee 7:00 On the Big Screen	<b>19.</b> 10:00 Simple Stretch 10:45 Manicures 1:45 Bingo <b>3:00 Social Hour:</b> <b>Kenny Buston</b> 3:15 Tai Chi with Wayne 7:00 Cribbage	<b>20.</b> 10:00 Seated Yoga with Nova 10:45 Wheel of Fortune <b>2:00 Lemonade Social:</b> <b>When Life Gives You Lemons.... In the Courtyard</b> 6:45 Rummoli	<b>21. Breakfast Club</b> 10:00 Ball Fit 10:30 Manicures with Ash 10:45 Sunridge Sing-A-Long 1:45 Bingo 1:45 Walk the Block 3:00 Poker 3:00 Bar Drinks on the Patio	<b>22.</b> 10:00 Weight Training 10:45 Purls & Chains 10:45 Men's Wii Practice 1:45 Crosswords 3:00 Shut the Box Game 3:00 Hidden Words 7:00 Cribbage	<b>23.</b> 10:00 Gentle Fitness 10:45 Brain Games 10:45 Fishbowl w Sharie 1:45 Bingo 1:45 Walk the Block <b>3:00 Social Hour:</b> <b>John Dean</b>	<b>24.</b> 10:00 Saturday Stroll 10:45 Brain Games <b>1:45 Bus: Country Drive</b> 3:30 Penny Blackjack 6:45 Whist Night 7:00 Res. Wii Bowling
<b>25.</b> 2:00 Sunday Matinee 7:00 On the Big Screen	<b>26.</b> 10:00 Simple Stretch 10:45 Manicures 1:45 Shut the Box - Game <b>3:00 Social Hour:</b> <b>Sincerely Yours</b> 7:00 Cribbage 7:00 Bingo w Shara	<b>27.</b> 10:00 Theraband Class 10:45 Brain Games 1:45 5 Second 3:00 Shut the Box Game 3:00 Crosswords 6:45 Rummoli Night	<b>28. Walmart</b> 10:00 Ball Fit 10:30 Manicures with Ash 10:45 Sunridge Sing-A-Long 1:45 Bingo <b>1:45 Bus: Walmart</b> 1:45 Walk the Block 3:00 Poker	<b>29.</b> 10:00 Weight Training 10:45 Purls & Chains 10:45 Men's Wii Practice 1:45 Crosswords <b>1:45 Bus: Casino &amp; Penny Pinchers</b> 7:00 Cribbage	<b>30. Birthday Lunch</b> 10:00 Gentle Fitness 10:45 Brain Games 1:45 Bingo 1:45 Walk the Block <b>3:00 Birthday Social:</b> <b>Suede Dogs</b>	<b>31. Free Table</b> 10:00 Saturday Stroll 10:45 Wheel of Fortune 1:45 Crosswords 3:30 Penny Blackjack 6:45 Whist Night 7:00 Res. Wii Bowling