

Sunridge Gardens Recreational Calendar September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1.</p> <p>2:00 Sunday Matinee</p> <p>7:00 On the Big Screen</p>	<p>2. Labor Day Holiday</p> <p>10:45 Purls & Chains</p> <p>2:00 Monday Matinee</p> <p>7:00 Res Wii Bowling</p>	<p>3. Hearing Clinic</p> <p>10:00 Seat Yoga w Nova</p> <p>10:45 5 Second Rule</p> <p>11:30 Heather's Fashions</p> <p>1:45 Ladies Wii Practice</p> <p>3:00 Shut the Box</p> <p>6:45 Rummoli</p>	<p>4.</p> <p>10:00 Ball Fit</p> <p>10:45 Manicures</p> <p>10:45 Sunridge Sing-Along</p> <p>2:00 Special Entertainment Brandon Thornhill</p> <p>3:30 Poker</p>	<p>5.</p> <p>10:00 Weight Training</p> <p>10:45 Purls & Chains</p> <p>10:45 Men's Wii Practice</p> <p>1:45 Crosswords</p> <p>3:00 Pictionary</p> <p>7:00 Cribbage / CLA Hymn</p>	<p>6.</p> <p>9:30 Bus: Walmart</p> <p>10:00 Gentle Fitness</p> <p>10:45 Fishbowl</p> <p>1:45 Bingo</p> <p>3:00 Social Hour: John Dean</p>	<p>7.</p> <p>10:00 Saturday Stretch</p> <p>10:45 Sunridge Sing-Along</p> <p>1:45 Bingo</p> <p>3:00 Poker</p> <p>6:45 Whist</p> <p>7:00 Resident Wii Bowling</p>
<p>8.</p> <p>2:00 Sunday Matinee</p> <p>7:00 On the Big Screen</p>	<p>9.</p> <p>10:00 Simple Stretch</p> <p>10:45 Manicures</p> <p>1:45 Bingo</p> <p>3:00 Social Hour: Music Variations</p> <p>7:00 Cribbage</p>	<p>10.</p> <p>10:00 Theraband Exercise</p> <p>10:45 Trivia</p> <p>1:45 Ladies Wii Practice</p> <p>3:00 Penny Blackjack</p> <p>6:45 Rummoli</p>	<p>11. Men's Breakfast Club</p> <p>8:00 Men's Breakfast</p> <p>10:00 Ball Fit</p> <p>10:45 Manicures</p> <p>10:45 Sunridge Sing-Along</p> <p>2:00 Silver Bells & Beaux</p> <p>3:30 Poker</p> <p>3:30 Crosswords</p>	<p>12.</p> <p>10:00 Weight Training</p> <p>10:45 Purls & Chains</p> <p>10:45 Men's Wii Practice</p> <p>2:00 "A Cup & Saucer" Ladies Tea in the Courtyard</p> <p>7:00 Cribbage</p>	<p>13.</p> <p>10:00 Silver Fox Walk for Terry Fox</p> <p>12:00 Hot Dog ,Pop & Chips By Donation</p> <p>1:45 Bingo</p> <p>3:00 Social Hour: Classic Rewind</p>	<p>14. Compassionate Touch</p> <p>10:00 Saturday Stretch</p> <p>10:45 Wheel of Fortune</p> <p>1:45 Country Drive</p> <p>3:30 Poker</p> <p>6:45 Whist Night</p> <p>7:00 Res. Wii Bowling</p>
<p>15.</p> <p>2:00 Sunday Matinee</p> <p>7:00 On the Big Screen</p>	<p>16.</p> <p>10:00 Simple Stretch</p> <p>10:45 Manicures</p> <p>2:00 Snapshots of Ashley's Brother's Wedding</p> <p>3:15 Tai Chi w Wayne</p> <p>7:00 Cribbage / Bingo</p>	<p>17. Health Talk</p> <p>10:00 Seated Yoga w Nova</p> <p>10:45 Brain Games</p> <p>2:00 Health Talk Bladder Infections</p> <p>3:15 Crosswords</p> <p>6:45 Rummoli</p>	<p>18.</p> <p>10:00 Ball Fit</p> <p>10:45 Sunridge Sing-Along</p> <p>12:00 Chinese Lunch in Tea Lounge</p> <p>1:45 Bingo</p> <p>3:00 Poker</p> <p>3:00 Shut the Box</p>	<p>19. White Rock Pier Trip</p> <p>10:00 Weight Training</p> <p>10:45 Purls & Chains</p> <p>10:45 Men's Wii Practice1</p> <p>1:30 Bus: Walk the Pier!!!</p> <p>1:45 Crossword</p> <p>3:00 Ladies Wii Practice</p> <p>7:00 Cribbage /CLA Hymn Sing</p>	<p>20.</p> <p>10:00 Gentle Fitness</p> <p>10:45 Brain Games</p> <p>10:45 Stories in the Village</p> <p>1:45 Bingo</p> <p>1:45 Walk the Block</p> <p>3:00 Social Hour: The Noteables</p>	<p>21.</p> <p>10:00 Saturday Stretch</p> <p>10:45 Sunridge Sing-Along</p> <p>2:00 BC Motorcycle Drill Team</p> <p>3:30 Poker</p> <p>6:45 Whist Night</p> <p>7:00 Res. Wii Bowling</p>
<p>22.</p> <p>2:00 Sunday Matinee</p> <p>7:00 On the Big Screen</p>	<p>23. First Day of Fall</p> <p>10:00 Simple Stretch</p> <p>10:45 Manicures</p> <p>1:45 Bingo</p> <p>3:00 Social Hour: Brian Gimble</p> <p>7:00 Cribbage</p>	<p>24. Fire Safety</p> <p>10:00 Theraband Exercise</p> <p>10:45 Trivia</p> <p>2:00 Fire Safety Talk with Chief Gary</p> <p>3:30 Hidden Words</p> <p>6:45 Rummoli</p> <p>7:00 Movie Night with Ash</p>	<p>25.</p> <p>8:00 Breakfast Club</p> <p>10:00 Ball Fit</p> <p>10:45 Manicures</p> <p>10:45 Sunridge Sing-Along</p> <p>1:45 Bingo / Bus: Walmart</p> <p>3:00 Poker</p> <p>3:00 Shut the Box Game</p>	<p>26.</p> <p>10:00 Weight Training</p> <p>10:45 Purls & Chains</p> <p>Ladies vs Men's Wii Bowling Playoff</p> <p>1:45 Bus: Casino</p> <p>7:00 Cribbage</p>	<p>27. Birthday Lunch</p> <p>10:00 Gentle Fitness</p> <p>10:45 Fishbowl</p> <p>1:45 Bingo</p> <p>1:45 Walk the Block</p> <p>3:00 Birthday Social: Martin Adcock</p>	<p>28. Compassionate Touch</p> <p>10:00 Saturday Stretch</p> <p>10:45 Brain Games</p> <p>1:45 Bus: Country Drive</p> <p>3:00 Harvest Baptist</p> <p>3:30 Poker</p> <p>6:45 Whist Night</p> <p>7:00 Res. Wii Bowling</p>
<p>29.</p> <p>2:00 Sunday Matinee</p> <p>7:00 On the Big Screen</p>	<p>30.</p> <p>10:00 Simple Stretch</p> <p>10:45 Manicures</p> <p>1:45 Shut the Box - Game</p> <p>3:00 Social Hour: Brian Zalo</p> <p>3:15 Tai Chi w Wayne</p> <p>7:00 Cribbage / Bingo</p>					