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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>1:00 Beginner Whist Game</p> <p>All Day Shuffleboard </p> <p>6:00-7:00 Resident Led Bingo</p>	<p>2</p> <p>10:00 Chair Yoga with Chris</p> <p> <i>Happy Labour Day</i></p> <p><i>Statutory Holiday</i></p>	<p>3</p> <p>10:30 Functional Fitness</p> <p>12:30 Mystery Drive </p> <p>1:00 Reminisce with Diane Those were <i>The Good Old Days!</i></p> <p>2:30 Adult Coloring Pages</p> <p>6:00-7:00 Resident Led Bingo</p>	<p>4</p> <p>Copies of Short Stories Available Today on Front Lounge Table</p> <p>10:30 'In Step' Balance Class</p> <p>11:00-2:00 Avon Calling! </p> <p>1:00 'Jeopardy' Game</p> <p>2:30 Seated Balloon Badminton </p> <p>6:00 Resident Led Dominos</p>	<p>5</p> <p>10:30 Stretch with John </p> <p>1:00-4:00 Nexgen Hearing (FIT ROOM) (see sign up in Activities Binder)</p> <p>1:00 Paper Airplane Contest </p> <p>3:30-4:30 Social Hour with... Barry Powell Keyboard/Vocals</p> <p> *50/50 DRAW Proceeds go to The Fraser Valley Regional Library</p>	<p>6</p> <p>10:30 Functional Fitness</p> <p>11:30 Wexford BBQ lunch</p> <p>12:30 Shop @ Oakridge Mall </p> <p>1:00 Bailiee the Dog & Her Owner come for a Visit </p> <p>1:30 Neighborhood Walk & Talk</p> <p>3:00 Indoor Bocce</p> <p>6:00-7:00 Resident Led Bingo</p>	<p>7</p> <p>10:00 Chair Yoga with Wendy</p> <p>11:30 'Day at The Farm' Hayride, Cow Milking Demo </p> <p>See sign up for Details! </p> <p>1:00 Afternoon Poker Game</p> <p>2:30 Marathon Reading of Timothy Taylor 's Best Selling Novel @ Twawwassen Centre Mall</p> <p>6:30 Movie Night... Viewer's Choice</p>
<p>8</p> <p>10:30 Church Service & Hymns with Reverend Danielle Martel in the Main Lounge </p> <p>1:00 Whist Game</p> <p>All Day Shuffleboard</p> <p>6:00-7:00 Resident Led Bingo</p>	<p>TERRY FOX WEEK</p>					<p>14</p> <p>10:00 Chair Yoga with Wendy</p> <p>1:00 Afternoon Poker Game (Front Lounge) </p> <p>2:30 Balloon Painting </p> <p>6:30 Movie Night... Viewer's Choice See Reception </p>
<p>1</p> <p>1:30 Shuffleboard Tournament in the Front Lounge!! Who will win the next Champion Title? BYOB </p> <p>6:00-7:00 Resident Led Bingo</p>	<p>16</p> <p>10:00 Chair Yoga with Chris</p> <p>3:30-4:30 Social Hour with Kenny Buston </p> <p>6:00 Resident Led Cribbage</p>	<p>17</p> <p>10:30 Functional Fitness</p> <p>10:10 Delta Gymnastics</p> <p>1:00 Local Drive </p> <p>1:30 Indoor Golf</p> <p>3:00 Bella The Dog & Her Owner Morgan Come for a visit</p> <p>6:00-7:00 Resident Led Bingo</p>	<p>18</p> <p>10:30 'In Step' Balance Class</p> <p>10:50 Lumberjack Show @ Grouse Mountain (Waterford & Wexford Trip)</p> <p>11:15 Chef's Chat</p> <p>1:00 Tsawwassen Family Dental Power point Demonstration</p> <p>1:30-3:30 Tsawwassen Hearing</p> <p>3:00 'In Stitches' Knitting Group </p>	<p>19</p> <p>10:00 Resident Quarterly Meeting</p> <p>12:00 Special Birthday Lunch for all September Birthdays (PDR) </p> <p>2:00 Recreation Meeting</p> <p>3:30-4:30 Birthday Social Hour Michelle Carlisle</p>	<p>20</p> <p>10:30 Functional Fitness</p> <p>11:30 Wexford BBQ lunch</p> <p>12:30 Shopping @Twawwassen Mills</p> <p>1:00 Bailiee the Dog & her owner come for a visit</p> <p>2:30 Karaoke Social Beer & Wine will be served @ \$4.00 each </p> <p>6:00-7:00 Resident Led Bingo</p> <p><i>'The Vancouver Cello Quartet'</i></p>	<p>21</p> <p>10:00 Chair Yoga with Wendy</p> <p>1:00 Afternoon Poker Game </p> <p>1:00-4:00 Chair Massage with Sue Please see sign-up Sheet (Bria Fit Room)</p> <p>3:00 Brain Games </p> <p>6:30 Movie Night... Viewer's Choice See Reception </p>
<p>22</p> <p>10:30 Church Service & Hymns with Reverend Danielle Martel </p> <p>1:00 Whist Game</p> <p>All Day Shuffleboard</p> <p>6:00-7:00 Resident Led Bingo</p>	<p>23</p> <p><i>First Day of Fall!</i></p> <p>9:30 Sandwich Making for Freshwaves Ministries </p> <p>10:00 Chair Yoga with Wendy</p> <p>3:30-4:30 Social Hour with Brian Zalo Guitar & Vocals</p> <p>6:00 Resident Led Cribbage</p>	<p>24</p> <p>10:10 Delta Gymnastics</p> <p>10:30 Functional Fitness</p> <p>12:30 Starlight Casino</p> <p>1:00 Yahtzee Game</p> <p>3:00 Current Events</p> <p>3:30 "Positively Canadian" Book Intro By Heather Pattullo</p> <p>6-7:00 Resident Led Bingo</p>	<p>25</p> <p>10:00 Round Trip to Swartz Bay And Lunch on Board</p> <p>10:30 'In Step' Balance Class</p> <p>2:00-4:00 Art & Painting with Enya </p> <p>3:00 'In Stitches' Knitting Group</p> <p>6:00 Resident Led Dominos</p>	<p>26</p> <p>10:30 Stretch Class with John</p> <p>1:00 Greensleeves Program Presentation</p> <p>3:30-4:30 Social Hour with... Music Variations </p> <p>6:30 Short Story Book Club</p>	<p>27</p> <p>10:30 Functional Fitness</p> <p>10:30 Cleveland Dam and Salmon Hatchery (North Van)</p> <p>1:00 Bailiee the Dog & her owner come for a visit</p> <p>1:00 Walker Tune-up with Paul from The Medicine Shop</p> <p>2:30 'Who am I Game'</p> <p>6:00-7:00 Resident Led Bingo</p>	<p>28</p> <p>10:00 Chair Yoga with Wendy</p> <p>1:00 Afternoon Poker Game </p> <p>3:00-4:00 Sing-along With Donald Nash </p> <p>6:30 Movie Night... Viewer's Choice See Reception</p>
<p>29</p> <p>1:00 Whist Game</p> <p>All Day Shuffleboard </p> <p>6:00-7:00 Resident Led Bingo</p>	<p>30</p> <p>10:00 Chair Yoga with Wendy</p> <p>3:30-4:30 Social Hour with... Bob Collins </p> <p>6:00 Resident Led Cribbage</p>	