















BRIDGE
Every night at 6:30pm

CRIBBAGE
Every Thursday night at 6:30pm

The Waterford Recreation Calendar December 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 3:00 Knit Wits Knitting Group (LIB) 7:00 Sunday Night TV Series: <i>Nailed It! (Holiday Cooking Show)</i> E. 1 & 2 (TV)	2 10:30 Yoga with Laura (MP3) 11-2:00 5th Avenue Jewelry Sales (TV) 3:30 Short Stories with Liz (TV) 	3 10:15 TED Talks (Tsaw LIB) 10:30 Functional Fitness (L) 2:00 Monthly Recreation Meeting (TV) 3:30 Social Hour with Peter Dean (L)	4 10:30 Functional Fitness (L) 11:30 –2:30 Stien Zondervan Homemade Holiday Craft Sale (TV) 2:15 Know your Neighbours! (L) 3:45 Craft: Create Centerpieces for Dec 6 Family Dinner (L) 	5 10:30 Gentle Movement for Mind and Body with Lisa (MP3) 11:30 Bus to Lunch at Boston Pizza & Shopping at Tsawwassen Mills 3:30 Specialty Donuts and Coffee with Chef Rod (L)	6 9:00 <i>Food on The Corner</i> Sandwich Makers (TV) 4:30 and 6:00 Two Seatings for Family Christmas Dinner Followed by Evening Entertainment 7-8 “Christmas Swing Trio Band” Featuring Mike the Fiddle Player (L)	7 1:15 Bus to the Delta Choral Society @ S.D. Baptist Church 3:00 Michelle Jones’ Piano School Recital (L) 7:00 MOVIE NIGHT: K-9 (Action Comedy) (Netflix) (TV)
8 3:00 Church Service: Catholic Communion with Paul Duggen & Liliana. Sacred Heart Church (TV) 7:00 Sunday Night TV Series: <i>Nailed It! (Holiday Cooking Show)</i> E. 3 & 4 (End) (TV)	9 10:30 Yoga with Laura (MP3) 2:00 Hand Massages by Recreation (L) 3:00 Guchy’s Homemade Chai Tea Social (L) 6:30 Beaver Scouts Group Here to Sing Carols After Dinner (L) 	10 10:00 Bria Van to Swim/Hot Tub at Winskill Recreation Centre 10:30 Functional Fitness (L) 2:30 Gratuity Fund Draw with Bob Brydon (L) 3:30 Social Hour with Gail Hawksworth (L) 6:30 Bingo with Karlene/Ella (TV)	11 7:30—9:30 Pancake Christmas Breakfast with Chef Rod 9:00 Nails with Adele (WR) 10:30 Functional Fitness (L) 11:30 Scenic Drive + Boxed Lunch 3:00 Mike’s Critters Animal Show (L) 4:15 to 4:45 First Seating Dinner 5:00 to 5:30 Second Seating Dinner	12 9-5 Health Hub (Serenity Room) 10:30 Gentle Movement for Mind and Body with Lisa (MP3) 10:30-12:00 Connect Hearing (WR) 3:00 Elder College Singers Christmas Performance (L) 	13 9:15 Bus to Active Seniors to say Thank you and Merry Christmas 10:30 Sing-A-Long with Paul Kemp (L) 2:00 BRAINWORKS! (TV)  3:30 Social Hour with Dale and The Tunemakers Christmas Show (L)	14 SANTA & KIDS DAY! 1:30—3:30 Face Painter, Balloon Twister, Candy Station, Letter Writing, Cookie Decorating and Santa Visits at 2:30pm. (L) 2:45 Tai Chi with Wayne (MP3) 7:00 Jukebox Saturday Night Social (L)
15 2:00 Church Service: Tsawwassen United Church with Rev. Dan Kirkegaard (L) 3:00 Knit Wits Knitting Group (LIB) 7:00 Sunday Night TV Series: <i>Sugar Rush</i> E.1	16 10:30 Yoga with Laura (MP3) 2:15 Show & Tell with Recreation (Bring a treasured item & share it’s story) (TV) 3:15 - 5:00 “Santa For Seniors” Gift Packing (L) <i>Helps us assemble gift packs for low income seniors in need</i>	17 10:15 TED Talks (Tsaw LIB) 10:30 Functional Fitness (L) 12:30 Birthday/New Resident Lunch (By Invitation) (PDR) 3:30 Social Hour with Allen Boolinoff (L)	18 10:30 Functional Fitness (L) 10:30 Church Service: St. Andrews Anglican with Rev. Danielle Martell (TV) 2:00 Paul Kemp Performs with The Waterford Warblers, Our Resident Singers (L) 3:30 Staff Tree Decorating Competition (By Department) (L) 	19 10-12:00 Wellness Clinic with Marla Ellis, RN (WR) 10:30 Gentle Movement for Mind and Body with Lisa (MP3) 3:00 Resident Led Table Top Games (L) 	20 Buffett Lunch 10:30 Fitness To The Beat (L) 2:00 Craft: Decorate Gingerbread Houses (TV) 3:30 Social Hour with Kenny Buston (Residents will select the winner of the staff Christmas tree decorating contest.)	21 3:00 Free Flight School of Dance (L)  7:00 MOVIE NIGHT: <i>The Natural, Starring Robert Redford</i> (Netflix)
22 7:00 Local Christmas Lights Drive with Trev  7:00 Sunday Night TV Series: <i>Sugar Rush</i> E.2 (TV)	23 9:00 Nails with Adele (WR) 10:30 Yoga with Laura (MP3) 2:30 Balloon Volleyball (L) 3:45 Christmas Bingo with Brynna & Alice (TV)	24 10:00 Bria Van to Swim/Hot Tub at Winskill Recreation Centre 10:30 Functional Fitness (L) 2:15 Yankee Swap Christmas Game (L) 3:30 Christmas Eve Social Hour with Suede Dogs (L)	25 2:00 Movie Matinee: Christmas With The Cranks (TV) 3:00 Resident Led Activities: (Table Tennis & Adult Mosaic Coloring) (L)	26 2:00 Movie Matinee: A Christmas Prince - The Royal Wedding (TV) 3:00 Resident Led Activities: Scrabble & Dominoes (L)	27 10:30 Sing-A-Long with Paul Kemp (L) 2:00 BRAINWORKS! (TV)  3:30 Social Hour with Dale & The Tunemakers Part II (L)	28 2:45 Tai Chi with Wayne (MP3) 3:00 Ways of The World: South Africa (TV) 7:00 Jukebox Saturday Night Social (L)
29 3:00 Knit Wits Knitting Group (LIB) 7:00 Sunday Night Movie: New Years Eve (Netflix, TV) 	30 10:30 Functional Fitness with Brenda (L) 2:00 Poetry Pals—Enjoy Herbal Tea & Bring a Poem or Song Lyrics to Share! (TV) 3:00 Beginner Watercolor Class with Enya (L)	31 2:15 The Price is Right Game (TV) 3:45 Charades with Recreation (L) 6:30—8:30 New Years Eve Party with The Halifax Wharf Rats (L)	   DECEMBER			LOCATION LEGEND: (L) = Lounge (MP3) = 3rd Floor Multi-Purpose Room (TV) = TV Room (WR) = Wellness Room (PDR) = Private Dining Room (4PT) 4th Floor Patio (CK) Country Kitchen (3FL) 3rd Floor Lounge (SR) Serenity Room