


Sunridge Gardens Recreational Calendar January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1. 	2. 10:00 Simple Stretch 10:45 Purls & Chains 10:45 Men's Wii Bowling 1:45 Crosswords / Ball Fit 3:00 Pictionary 7:00 Cribbage 7:00 CLA Hymn Sing	3. 9:30 Outing: Walmart 10:00 Gentle Fitness 10:45 News & Views 1:45 Bingo 3:00 Social Hour : Classic Rewind	4. 10:00 Saturday Stretch 10:45 Brain Games 1:45 Saturday Drive 3:30 Shut the Box 6:45 Whist 7:00 Resident Wii Bowling
5. 2:00 Purls & Chains 2:00 Matinee 7:00 On the Big Screen	6. 10:00 Simple Stretch 10:45 Manicures 1:45 Bingo 3:00 Beginner Wii Bowling 3:15 Tai Chi w Wayne 7:00 Cribbage	7. 10:00 Seated Yoga w Nova 10:45 Game: Password 1:45 Game: Pass the Penny 1:45 Outing: Willowbrook 3:00 Social Hour: Brian Zalo	8. Outing: Surrey Central Mall 10:00 Weight Training 10:00 Outing : Surrey Center Mall & Lunch Out 10:45 Sing A Long 1:45 Bingo 3:00 Poker 3:00 Add Color to Your Day	9. 10:00 Dancercise 10:45 Purls & Chains 10:45 Men's Coffee Time 12:00 Sophie's Design 1:45 Crosswords / Ball Fit 3:00 Horse Races 7:00 Cribbage	10. 10:00 Gentle Fitness 10:45 Facts or Fiction 10:45 Stories in the Village 1:45 Bingo 3:00 New Game: Pick Two 3:00 Men's Billiards	11. 10:00 Saturday Stretch 10:45 5 Second Rule 1:45 Bingo 3:00 Harvest Baptist 3:00 Poker 6:45 Whist Night 7:00 Res. Wii Bowling
12. 2:00 Purls & Chains 2:00 Matinee 7:00 On the Big Screen	13. 10:00 Simple Stretch 10:45 Hidden Words 1:45 Manicures 1:45 Outing: Walmart 3:00 Penny Blackjack 7:00 Cribbage 7:00 Bingo w Shara	14. 10:00 Theraband Class 10:45 Trivia 1:45 Game: Quiddler 3:00 Social Hour: John Dean	15. 8:00 Bacon & Eggers 10:00 Weight Training 10:45 Manicures 10:45 Sing a Long 1:45 Bingo 3:00 Poker 3:00 Ladies Wii Bowling	16. 10:00 Dancercise 10:45 Purls & Chains 10:45 Men's Wii Bowling 1:45 Crosswords / Ball Fit 3:00 Pictionary 7:00 CLA Hymn Sing 7:00 Cribbage	17. 10:00 Gentle Fitness 10:45 Stories Around the Fireplace w Doug 1:45 Bingo 3:00 Social Hour: Kenny B	18. 10:00 Saturday Stretch 10:45 Brain Games 1:45 Wheel of Fortune 3:00 Saturday Social Hour Ron Singh 6:45 Whist Night 7:00 Res. Wii Bowling
19. 2:00 Purls & Chains 2:00 Matinee 7:00 On the Big Screen	20. 10:00 Simple Stretch 10:45 Manicures 1:45 Bingo 3:00 Beginner Wii Bowling 3:00 Card Making 3:15 Tai Chi w Wayne 7:00 Cribbage	21. 10:00 Seated Yoga w Nova 10:45 Brain Games 2:00 Table Games 3:30 Add Color to Your Day 7:00 Movie Night w Ashley	22. 10:00 Weight Training 10:45 Manicures 10:45 Sing a Long 2:30 Hawaiian Luau Come enjoy the dance performance and Learn a few moves!!!	23. Heather's Fashion Closet 10:00 Dancercise 10:45 Purls & Chains 10:45 Men's Billiard's 12:00 Heather's Fashions 1:45 Outing: Walmart 1:45 Crosswords / Ball Fit 3:00 Horse Races	24. 10:00 Gentle Fitness 10:45 Game: News & Views 10:45 Stories in the Village 11:30 Outing: Casino 1:45 Bingo 3:00 Pictionary	25. Free Table Day 10:00 Saturday Stretch 10:45 Password 1:45 Saturday Drive 3:30 Poker 6:45 Whist Night 7:00 Res. Wii Bowling
26. 2:00 Purls & Chains 2:00 Matinee 7:00 On the Big Screen	27. 10:00 Simple Stretch 10:45 Manicures 1:30 Penny Blackjack 2:30 Tea Tasting 7:00 Cribbage 7:00 Bingo w Shara	28. 10:00 Theraband Class 10:45 Trivia 1:45 Game: Pass the Penny 3:00 Social Hour: Peter Williams	29 Chinese Lunch 10:00 Weight Training 10:45 Manicures 10:45 Sing a Long 12:00 Chinese Lunch By Sign Up 2:00 Health Talk : Diabetes 3:00 Poker 3:00 Ladies Wii Bowling	30. 10:00 Dancercise 10:45 Purls & Chains 10:45 Men's Wii Bowling 1:45 Crosswords / Ball Fit 3:00 New Game : Heads Up	31. Birthday Lunch 10:00 Gentle Fitness 10:00 Wheel of Fortune 10:45 Stories in the Village 12:00 Birthday Lunch 1:45 Bingo 3:00 Birthday Social: Music Variations	 SUNRIDGE GARDENS