



THE WEXFORD RECREATION CALENDAR MARCH 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>All Day Shuffleboard Practice</p> <p>1:00 Ashely Cai, Concert Violinist to Perform. Ashley now 11 years old has been playing since she was Six Years Old with Her Older Sister Ayanna on Piano(Lounge)</p> <p>6:00 Bingo</p>	<p>2</p> <p>10:00 Chair Yoga with Chris</p> <p>11:00 Resident Meeting to Welcome The New Wexford General Manager Jane Bryce (Lounge)</p> <p>3:30-4:30 Social Hour with... Brian Zalo</p> <p>6:00 Card Games</p>	<p>3</p> <p><u>10:10 Delta Gymnastics</u></p> <p>10:30 Functional Fitness</p> <p><u>12:30 Drive to Crescent Beach</u></p> <p>1:00-2:00 Crossword Puzzle on The Big Screen</p> <p>3:00 <i>Pass the Penny</i> *New Game*</p> <p>6:00 Card Games</p>	<p>4</p> <p><i>March Short Story</i> Available on Front Lounge Table</p> <p>10:30 'In Step' Balance Class</p> <p>1:00-4:00 NexGen Hearing</p> <p>1:00 'Word Within a Word' Game</p> <p>2:30 Indoor Golf</p> <p>3:00 'In Stitches' Knitting Group</p> <p>3:30 Rooftop Meeting to discuss Future Plans (Lounge)</p> <p>6:00 Dominos</p>	<p>5</p> <p>10:30 Stretch Class with John</p> <p>1:30 Bingo</p> <p>2:30-3:30 Ping Pong Game with Diane (Bria Fit Room)</p> <p>3:30 True or False Quiz (Lounge)</p> <p>6:00 Card Games</p>	<p>6</p> <p>10:30 Functional Fitness</p> <p><u>11:15 Lunch @ Dave's Fish & Chips</u></p> <p>1:15 Therapy Dog Baillie & Owner Come for a Visit</p> <p>3:30-4:30 Social Hour Celebrating... International Women's Day with Slava Russian Folk Singer</p> <p>6:00 Card Games</p>	<p>7</p> <p>9:45 Walk to Artist Guild With Diane for Free Art Demo with Enya.</p> <p>10:00 Chair Yoga with Chris</p> <p>11:00-3:00 Avon Calling</p> <p>2:00 International Women's Day Games & Light Refreshments</p> <p>6:30 Movie Night Viewer's Choice</p> <p>*Don't Forget Move your Clocks Forward One Hour</p>
<p>8</p> <p>All Day Shuffleboard Practice</p> <p>10:30 Church Service/Hymns with Reverend Danielle Martel</p> <p>*2:00-3:00 Sing-Long with Jana for International Women's Day (Lounge)</p> <p>6:00 Bingo</p>	<p>9</p> <p>10:00 Chair Yoga with Chris</p> <p>3:30-4:30 Social Hour with Marty Wosley</p> <p>6:00 Card Games</p>	<p>10</p> <p>10:10 Delta Gymnastics</p> <p>10:30 Functional Fitness</p> <p><u>12:30 Bus Trip to Elements Casino</u></p> <p>1:00 Seedling Planting in a Jar</p> <p>2:00-4:30 Chronic Pain Workshop for those who Registered (Private Dining Rm.)</p> <p>3:00 Current Events</p> <p>6:00 Card Games</p>	<p>11</p> <p>10:30 'In Step' Balance Class</p> <p>1:00 "Coffee with a Cop"with... Constable Lee Chapman</p> <p>3:00 'In Stitches' Knitting Group</p> <p>3:15 'Spelling Bee' Everyone is Welcome to Join in.</p> <p>*Contestants to View Words Before</p> <p>6:00 Dominos</p>	<p>12</p> <p>10:30 Wellness Clinic (Bria Fit Rm.)</p> <p>10:30 Stretch Class with John (Front Lounge)</p> <p>1:00 Bingo</p> <p>3:30 Social Hour with Peter Dean</p> <p>6:00 Card Games</p>	<p>13</p> <p>10:30 Functional Fitness</p> <p><u>12:30 Drive to Stanley Park</u></p> <p>1:15 Therapy Dog Baillie & Owner Come for a Visit</p> <p>2:00 'You Be The Judge Game' Real Court Cases</p> <p>3:00 Walk & Talk (Meet in Lobby)</p> <p>6:00 Card Games</p>	<p>14</p> <p>10:00 Chair Yoga with Chris</p> <p>1:00 Recreation Meeting (Bria Bistro)</p> <p>3:00-3:45 Carolyn O'Brien School of Dance Performance</p> <p>6:30 Movie Night Viewer's Choice</p>
<p>15</p> <p>All Day Shuffleboard Practice</p> <p>1:30 Adult Coloring Pages</p> <p>Coloring isn't Just for Kids!</p> <p>Reception will Provide Supplies (Bria Bistro)</p> <p>6:00 Resident Led Bingo</p>	<p>16</p> <p>10:00 Chair Yoga with Chris</p> <p>2:00 Green Beer \$3.00 Each</p> <p>2:30 St. Paddy's Day Trivia (Light Snack Provided)</p> <p>6:00 Card Games</p>	<p>17</p> <p>10:30 Functional Fitness</p> <p><u>12:30 Bus Trip to Oakridge Mall</u></p> <p>2:00-4:30 Chronic Pain Workshop for those who Registered (PDR)</p> <p>2:00 St. Patrick Fun & Games (Bistro)</p> <p>6:00-7:00 St. Patrick's Day Social with the Irish Paddy Boys!</p> 	<p>18</p> <p>10:30 'In Step' Balance Class</p> <p>1:00 Diabetic Information Session by Community Outreach (Lounge)</p> <p>1:30-3:30 Tsawwassen Hearing</p> <p>2:15 Clay Pot Decorating (Bistro)</p> <p>3:00 'In Stitches' Knitting Group</p> <p>6:00 Dominos</p>	<p>19</p> <p>10:30 Stretch Class with John</p> <p>12:00 Birthday Lunch for All March Birthdays</p> <p>2:00 Sing-ALong with The Happy Wanderers</p> <p>3:30 Social Hour with Gordy Van</p> <p>6:00 Card Games</p>	<p>20</p> <p>FIRST DAY OF SPRING!</p> <p>10:30 Functional Fitness</p> <p>1:30 Bingo</p> <p>1:15 Therapy Dog Baillie & Owner Come for a Visit</p> <p><u>3:00 'Wing Tips at our Fingertips'</u></p> <p><u>Spring Birding in Delta @ Tsawwassen Library</u></p> <p>3:00 Spring Trivia</p>	<p>21</p> <p>10:00 Chair Yoga with Chris</p> <p>1:00 Cherry Blossom Art & Painting Craft</p> <p>3:00-4:00 Sing-A-Long With Donald Nash</p> <p>6:30 Movie Night Viewer's Choice</p>
<p>22</p> <p>All Day Shuffleboard Practice</p> <p>10:30 Church Service/Hymns with Reverend Danielle Martel</p> <p>6:00 Resident Led Bingo</p>	<p>23</p> <p>10:00 Chair Yoga with Chris</p> <p>3:30 Social Hour with Jonathon Scott Comedy Piano</p> <p>6:00 Card Games</p>	<p>24</p> <p>10:30 Functional Fitness</p> <p><u>12:30 Bus Trip to Starlight Casino</u></p> <p>1:30 Shuffleboard Tournament with Wexford Residents and Staff! Everyone is Welcome to Join in!</p> <p>2:00-4:30 Chronic Pain Workshop for those who Registered (PDR)</p> <p>6:00 Card Games</p>	<p>25</p> <p>10:30 'In Step' Balance Class</p> <p>2:00 Art & Painting With Enya</p> <p>3:00 Getting to Know You Thumball Game (Lounge)</p> <p>3:00 'In Stitches' Knitting Group</p> <p>6:30 Short Story Book Club Meets</p> <p>6:00 Dominos</p>	<p>26</p> <p>10:30 Stretch Class with John</p> <p>1:30 Bingo</p> <p>3:30-4:30 Creating The Wexford Time Capsule with John</p>	<p>27</p> <p>Happy 4th Anniversary To The Wexford!!</p> <p>All Day Photo Slideshow</p> <p>4:30-6:00 Regular Dinner Seating</p> <p>6:15-7:15 Evening Entertainment with "Music Variations"</p> <p>Dessert Buffet & Champagne</p>	<p>28</p> <p>10:00 Chair Yoga with Chris</p> <p><u>1:45 Delta Concert Band Spring Concert @ Kin Village</u></p> <p><u>Admission by Donation or \$5.00</u></p> <p>6:30 Movie Night Viewer's Choice</p>
<p>29</p> <p>All Day Shuffleboard Practice</p> <p>2:00 Ted Talks on the Big Screen -Ocean Photography</p> <p>6:00 Resident Led Bingo</p>	<p>30</p> <p>10:00 Chair Yoga with Chris</p> <p>3:30 Social Hour with Christine Oliver</p> <p>6:00 Card Games</p>	<p>31</p> <p><u>11:30 Lunch @ Barnside Brewery Tour</u></p> <p>1:30 Shuffleboard Tournament (Please Sign up)</p> <p>2:00-4:30 Chronic Pain Workshop for those who Registered (PDR)</p> <p>6:00 Card Games</p>				 <p>The WEXFORD A BRIA COMMUNITY</p>