

SENIOR LIVING CHECKLIST

Use this list as part of your research process to discern what services are provided and identify if a senior living community is right for you.



DINING & MEAL SERVICE

- How many meals are included
- Certified red seal chef led teams
- Tray service to suites
- A la carte menu
- Wine service with meals
- Guests meals availability

HOSPITALITY SERVICES

- In-suite housekeeping
- In-suite spring cleaning
- Linen laundry services
- Personal laundry services
- Access to laundry facilities
- Concierge services

PERSONAL & MEDICAL SERVICES

- Visiting foot care nurse
- Visiting physiotherapist
- Visiting lab service
- Visiting nurse or physician
- Pharmacy service
- Third-party care providers welcomed on-site
- Additional personal and medical services provided on-site

RECREATION SERVICES

- Fitness classes
- Games, hobbies and activities seven days per week
- Music and social hour
- Special events
- Bar service
- Spiritual programming
- Courtesy shuttle for resident use
- Bus trips
- Memory-Care programming
- Music Therapy

SAFETY FEATURES

- Emergency call system in suites and public washrooms
- Personal emergency alert
- Good Morning button alert
- Keyless locking system
- Security cameras
- 24/7 front desk staff

SUITE AMENITIES

- Individually controlled heating
- Individually controlled air conditioning
- Washer/dryer



BUILDING AMENITIES

Central dining room
Central lounge
Fitness room/gym
Games room
Theatre
Library
Chapel
Tuck shop
Guest suite for rent
Gardens for resident use
Hair salon
Parking
Wheelchair accessibility
Air conditioning
Well maintained building & grounds

CUSTOMER SATISFACTION

Regular satisfaction survey
Access to General Manager
Feedback mechanisms (ie. comment box)

MOBILITY AIDS

Walkers allowed
Wheelchairs allowed
Motorized scooters allowed
Oxygen therapy allowed

RESIDENCY RATES & ADDITIONAL CHARGES

Telephone included
Wifi included
Cable TV included
Parking included
How often is there a rate increase and when was the last increase
Lease, residency fee, other
How much notice must be given before moving out

NEIGHBOURHOOD ACCESS

Close to medical services: drug store, doctors & dentists offices, hospital
Easy access to transit
Walking access to shopping
Close to civic amenities

MEDICAL SERVICES (ASSISTED LIVING OR LONG-TERM CARE)

Daily access to medical care (Care Aides, LPNs, RNs or Doctor)
RN/RPN on staff
24/7 nursing care
Physician on call
Medication supervision
Mobility lifts
Registered dietician
Wander management systems
Respite/Convalescent Care

