
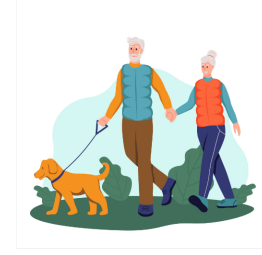





# March 2022

## The Wexford



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Fitness & Gentle Stretch <b>1</b> 11:00 Lunch at Harry's Fish & Chips 1:30 Bingo 3:00 Giant Crosswords 6:00 Resident Led Cards	10:00 Chair Yoga <b>2</b> 1:00 Craft 2:00 Ice Cream Social 3:00 Wii Games 6:30 Series-Outlander	10:00 Balance/Stretch <b>3</b> 11:00 All Resident Meeting with GM Jane 2:30 Anniversary Cake & Champagne Toast 3:00 The 'Wexford Sixth Anniversary' Celebration With Tony Barton & Tracy Neff	10:00 Fitness & Gentle Stretch <b>4</b> 12:00 'Clark Shoe Sales' 1:00 Tsawwassen Mills Mall Walk 1:00 Bingo 3:00 Giant Crossword 6:00 Blackjack Game	10:00 Guided Relaxation <b>5</b> 1:00 Word Games 2:15 Refreshments 3:00 Resident Pool 3:00 Nine Card Golf Game 6:30 Movie
Resident Led Card & Board Games <b>6</b> 10:30 Church Services with Kristin Gulley From St. Andrews Church 2:00 Series - Outlander 6:30 Series - Outlander	10:00 Chair Yoga <b>7</b> 1:00 Adult Colouring 2:00 Bingo 3:15 Giant Crossword 6:00 Dominoes	10:00 Fitness & Gentle Stretch <b>8</b> 1:00 Local Drive 1:30 Famous Women Around the World Discussion 3:00 'International Women's Day Celebration' Social with Michelle Carlisle 6:00 Resident Led Cards	10:00 Chair Yoga <b>9</b> 1:00 'Coffee with a Cop' with Geoffrey Young 2:00 Hot Chocolate 3:00 Indoor Bocce 6:30 Series-Outlander	8:00 Hot Breakfast <b>10</b> 10:00 Balance & Gentle Stretch 1:30 Bingo 3:00 Social Hour with Mardie Wosley	10:00 Fitness & Gentle Stretch <b>11</b> 10:30 Walker Tune-up with Paul 1:00 Drive To Garry Point Steveston 1:30 Brain Teasers 3:00 Giant Crossword 6:00 Blackjack Game	Daylight Saving Time Turn Clocks BACK 1 Hour Tonight! <b>12</b> 10:00 Guided Relaxation 1:00 Word Games 2:00 Sing-A-Long with Paul Kemp 3:00 Resident Pool 3:00 Left Right Center Dice Game
Resident Led Card & Board Games <b>13</b> 2:00 Series - Outlander 6:30 Series - Outlander	10:00 Chair Yoga <b>14</b> 1:00 Adult Colouring 3:00 Social Hour with Gord Rebel 6:00 Dominoes	10:00 Fitness & Gentle Stretch <b>15</b> 1:30 Bingo 3:00 Giant Crosswords 6:00 Resident Led Cards	10:00 Chair Yoga <b>16</b> 1:30 'An afternoon of Poetry' with Special Guest, Herb Bryce, followed by Tea & Cookies 3:30 "What Would you do?" Discussion 6:30 Series-Outlander	10:00 Balance & Gentle Stretch <b>17</b> 10:00 Wellness Clinic 1:30 Bingo 3:00 St. Patrick's Day Social Hour with Irish Boys! 	10:00 Fitness & Gentle Stretch <b>18</b> 1:30 The Fraser River Delta: On the Brink of Ecological Collapse by Elder College 1:30 Local Country Drive 3:30 Giant Crossword 6:00 Blackjack Game	10:00 Guided Relaxation <b>19</b> 1:00 Word Games 2:00 Refreshments 3:00 Resident Pool 6:30 Movie
Resident Led Card & Board Games <b>20</b> 10:30 Church Services with Kristin Gulley From St. Andrews Church 2:00 Series - Outlander 6:30 Series - Outlander	10:00 Chair Yoga <b>21</b> 1:00 Adult Colouring 3:00 Social Hour with Peter Montgomery 6:00 Dominoes	10:00 Fitness & Gentle Stretch <b>22</b> 11:00 Willowbrook Mall Shopping (The Bay) 1:30 Bingo 3:00 Giant Crosswords 5:15 Beer & Pizza Night 6:00 Resident Led Cards	10:00 Chair Yoga <b>23</b> 1:00 Art & Painting 2:00 Ice cream Sundae Social 3:00 Indoor Golf 6:30 Series-Outlander	10:00 Balance & Gentle Stretch <b>24</b> 12:00 Resident Birthday Lunch 1:30 Bingo 3:00 Birthday Social Hour with Peter Dean	10:00 Fitness & Gentle Stretch <b>25</b> 1:00 Tsawwassen Mills Mall Walk 3:00 Giant Crossword 6:00 Blackjack Game	10:00 Guided Relaxation <b>26</b> 1:00 Word Games 2:15 Refreshments 3:00 Resident Pool 3:00 Nine Card Golf Game 6:30 Movie
Resident Led Card & Board Games <b>27</b> 2:00 Series - Outlander 6:30 Series - Outlander	10:00 Chair Yoga <b>28</b> 12:00 'Fifth Ave Jewelry Sales' 1:00 Adult Colouring 3:00 Social Hour Brian Zalo 6:00 Dominoes	10:00 Fitness & Gentle Stretch <b>29</b> 11:00 BUS TRIP to Langley Antiques Mall 1:30 Bingo 3:00 Giant Crosswords 6:00 Resident Led Cards	10:00 Chair Yoga <b>30</b> 1:00 Art & Painting 2:00 Hot Chocolate 3:00 Indoor Bocce 6:30 Series-Outlander	10:00 'Sleep and Dreams' by Elder College <b>31</b> 10:00 Balance & Gentle Stretch 12:30 'KinVillage Annual Book Sale' 3:00 Social Hour Gordy Van (Guitar)	