# **Features**

# AN ALL-INCLUSIVE LIFESTLYE

Every day is easy at Sunridge Gardens. You'll love the building, the amenities and all the extras that come with all-inclusive senior living.

### INCLUDED IN YOUR RESIDENCY FEE

Deluxe continental breakfast in the Bria Bistro each day. Lunch and dinner made fresh in-house served restaurant-style in two dining rooms

A variety of delicious menu items to choose from daily with alternatives for specialty diets

Weekly light housekeeping with flat linen and towel laundry service. Seven complimentary laundry rooms for your personal laundry.

Digital cable, water, gas and electricity

Front desk reception staffed 24/7

Personal emergency response system monitored 24 hours and daily 'Good Morning' check-in

Daily fitness, recreation, social activities, and entertainment

Outdoor courtyard with raised garden beds, gazebo and water feature

Shopping trips and outings on the 18-passenger Bria Bus. Bria Courtesy Shuttle for personal errands and trips.

## INCLUDED IN THE BUILDING

- Grand lounge and dining room
- Private dining room
- Spa room with walk-in tub
- Hair salon
- Games room
- Fitness Centre

- Movie theatre & library
- Corner store
- Guest suite
- Secure scooter parking & charging stations

### ALSO AVAILABLE

- Secure underground parking: \$50/month
- Secure private in-suite telephone: \$31.45/month
- Wireless internet for light browsing: \$26.25/month



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# Highlights

# YOU'LL LOVE LIVING HERE!

# FRESH & DELICIOUS MEALS

Our Red Seal chef ensures our meals are made fresh, in-house with lots of options each day. Lunch and dinner are served restaurant-style in our Dining Room. Hot and cold continental breakfast is available each morning in the Bria Bistro.

## **CAR-FREE CONVENIENCE**

Our central location provides easy access to shopping and services. Use our courtesy shuttle for your personal trips, and enjoy regularly scheduled shopping and excursions on the Bria Bus.

### **ENJOY THE OUTDOORS**

Our beautifully landscaped courtyard and unique water feature create a peaceful oasis where you can garden, relax, or stroll. Raised garden beds and a greenhouse let residents cultivate to their hearts' content. In addition, we have access to the bocce court, community garden and winding pathways across the driveway at the Solaro complex

### **SECURITY**

Reception is staffed 24/7 for your convenience and safety. A keyless locking system manages access to suites, underground parking and all exterior doors.

### PERSONAL SAFETY

We also provide convenient personal emergency pendants monitored throughout the building 24/7. Our Good Morning safety check-in ensures daily touchpoint with each resident.

#### SUSTAINABLY-BUILT

Our building is Certified LEED Gold, a leader in sustainably built units. With advanced heating and cooling systems and hot water radiant heat in all suites and living areas. Solar panels collect and distribute energy throughout the building.



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# Our Neighbourhood

# **GET TO KNOW YOUR NEIGHBOURS**

Built in the heart historic Murrayville Town Centre, Sunridge Gardens is part of Sunridge Place, a multi-use residential neighbourhood. Situated within easy walking distance of many amenities and services including the swimming pool, public library, local cafés and shopping.



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# 1. MURRAYVILLE SQUARE

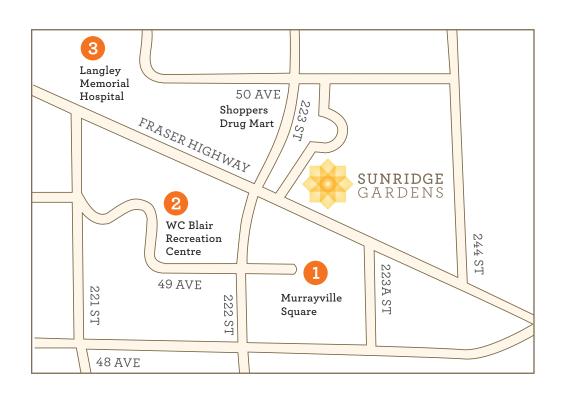
Home to a large selection of shops, services and restaurants.

# 2. WC BLAIR REC CENTRE

Swimming pool, hot tub, fitness classes and more are offered less than a block away.

### 3. HOSPITAL ACCESS

Located two blocks from the services of Langley Memorial Hospital.





# Sample Menu

# FRESH, LOCAL AND DELICIOUS



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### **BREAKFAST**

Continental Breakfast featuring Fresh Fruit, Home-Baked Pastries, Cold Cereal, Boiled Eggs and Hot Oatmeal

# LUNCH

Cream of Potato Soup with Bacon

Your Choice of Ice Cream

#### DINNER

House Salad with Dried Cranberries & Toasted Almond Slices

Pan-Seared Trout with Creamy Dill Sauce

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Grilled Boneless Pork Chop simmered in Mushroom Gravy served with

Herbed Nugget Potatoes and Glazed Carrots

Pear Crumble with Whip Cream

A selection of Chef's Features are available at every meal.

Wine and beer service are available at dinner.



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