

RETIREMENT. **LIVING!**



Bria
COMMUNITIES

Home is Right Here

In the next chapter of your life, do the things you love with the people you love.

Relax into our all-inclusive lifestyle, where you can be a foodie without having to cook dinner, lounge in the backyard without having to mow the lawn and visit friends without having to leave home.

Life is full of opportunities and adventures—embrace them all! We'll handle the chores while you enjoy a lifestyle that feeds your mind, body and soul.

Home is where you belong, where you feel comfortable, where you can *really* live. **Home is right here.**





5 MYTHS ABOUT RETIREMENT LIVING



Life in Bria Communities is more than comfy slippers, afternoon naps and an endless supply of Werther's Originals™. Let's bust five myths about senior living.

MYTH: Retirement living is for old people.

Age is just a number when it comes to having a good time! Our residences are buzzing with bocce tournaments, live music, poker games and wine tastings that could put a sommelier to shame.

MYTH: Once I'm in, I'll never be able to leave.

Retirement living doesn't take away your independence; it gives you more. Come and go as you please with the peace of mind that someone is there to look after the place.

MYTH: They'll feed me rubbery chicken and bland vegetables.

Fine dining is on our menu. Your culinary experience will be more like a cruise ship than a hospital. Choose where,

when, and what you'll eat and plan to add a few extra holes to your belt loop.

MYTH: I'll lose the ability to make my own choices.

We offer a smorgasbord of ways to spend your day. Join a paint-pouring class, spend the day shopping, get lost in a book, make yourself pancakes for dinner. With personal preferences at centre stage, you can live on your terms.

MYTH: My quality of life will decrease.

Raise your expectations! When you get involved in life in a Bria community you can expect to feel healthier, make new friends, go on adventures and laugh more. Embrace your newfound freedom, and make these the best years of your life.

Say goodbye to stereotypes! Making your home base in one of our communities offers the opportunities for a vibrant, purposeful and fulfilling life.



Discover Life In 7D

It's no secret: staying active will significantly impact your health and well-being as you age. But wellness is more than just a healthy body and fit brain. In Bria Communities, we see active aging in seven dimensions:

SOCIAL WELLNESS

Community living eliminates isolation and loneliness and contributes to a healthier, more fulfilling life.

EMOTIONAL WELLNESS

Our programming nurtures emotional health, and so do relationships between residents and staff.

VOCATIONAL WELLNESS

Our teams cultivate meaningful activities to volunteer, learn something new and enjoy hobbies.

SPIRITUAL WELLNESS

As part of our rhythm of life, we offer a wide variety of opportunities and activities to connect to something bigger than yourself.

ENVIRONMENTAL WELLNESS

Maintain a healthy link to our planet through visits to nature sanctuaries, on-site recycling, gardening clubs, and even bee-keeping.

INTELLECTUAL WELLNESS

Opportunities to learn, strengthen, and stretch your brain are on the agenda every day.



PHYSICAL WELLNESS

Fitness classes, personal coaching, walkable neighbourhoods, and healthy meals combine to support your health and wellness.

Engaging all seven dimensions of active aging will enable you to do more and enjoy it all!



Experience Our Hospitality

CULINARY SERVICES

Our Red Seal chefs and their teams prepare delicious home-cooked meals daily. Tasty breakfast, lunch and dinner choices and mouth-watering feasts on special occasions will keep you coming back for more.

HOSPITALITY SERVICES

Weekly housekeeping, linen laundry service, in-house maintenance technicians and landscapers ensure your home is always clean, well-maintained and beautiful.

TRANSPORTATION SERVICES

Living car-free is simple in our communities. Book our courtesy shuttle to run your local errands, or hop on the Bria bus for adventures and outings with fellow residents.

SAFETY SERVICES

Our Reception Centre is open to serve you any time, day or night. Personal emergency pendants and in-suite fall alerts come standard, and we monitor them 24/7. Ask us about our Good Morning button.



Our team leads the way
in creating a vibrant
senior living experience
by providing friendly,
personal service with
excellence. We are
honoured to work in the
place you call home.



Your Home Base

Home is where you belong. It's where you feel comfortable being yourself and where you can *really* live. Your home is right here.

PURPOSE-BUILT

Walkable neighbourhoods, built-in safety and security features, and amenities that support seniors thriving at home: we build our communities with seniors in mind.

IN-SUITE FEATURES

Each apartment features a kitchen unit, radiant in-floor heating, large windows, and a wide variety of safety features, including keyless entry.

BUILDING AMENITIES

Our indoor and outdoor spaces offer opportunities for socializing, play, and fun as well as quiet, restful moments. We build our homes to support our residents' social, physical and technological needs.

Whether you're a social butterfly, a lone wolf or something in between, Bria Communities is the launch pad to a healthier, vibrant and carefree way of life.





ARE YOU BLOOMING AT HOME?

Whether your home is a condo, farm or seniors community, it should be the place where you flourish. Here are six tips to cultivate happiness at home.

GROWING DIGNITY

Prioritize self-care by surrounding yourself with people who value you and are committed to supporting you on your best and most challenging days.

SIMPLY YOUR SURROUNDINGS

Streamline your daily routines. Declutter and downsize. Simplifying can reduce stress and create a peaceful environment.

ACTIVE LIVING

Regular and varied physical and mental exercise helps keep your brain and body sharp. Choosing an active lifestyle ensures you can continue to do the things you love for years.

SECURE YOUR TRANSPORTATION

Whether it's your vehicle, public transportation, or rideshare services, easy access to transportation keeps you connected and independent.

PURSUE PURPOSE

Engage in hobbies, volunteer work, or creative projects. Contributing to something you care about will give you a sense of fulfillment.

BUILD CONNECTIONS

Positive social relationships enrich your physical, mental and emotional health. Isolation can cause you to wither, but just a smile and chat in the hallway brightens your day.

Your senior years offer the opportunity to grow and blossom in ways you've always hoped for. Take steps to ensure you bloom where you're planted.

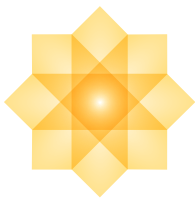


Our Communities - Langley



**MAGNOLIA
GARDENS**
A BRIA COMMUNITY

A hidden gem in the heart of Langley City, Magnolia Gardens features bright, spacious apartments and a peaceful backyard oasis. Located within easy walking distance of the city centre, shopping and civic amenities. Featuring two excellent choices in supportive senior living: 115 independent living suites and a 40-suite licensed Care Centre. **MagnoliaSeniors.ca**



**SUNRIDGE
GARDENS**
A BRIA COMMUNITY

Sunridge Gardens is a haven tucked away in historic Murrayville, BC, with a lush outdoor courtyard and bright modern interior. Our amenity-rich building is a short walk from shopping, W.C. Blair Recreation Centre, shopping, and Langley Memorial Hospital. Featuring 145 comfortable, open-concept suites for independent senior living. **SunridgeSeniors.ca**

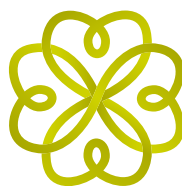


Our Communities - South Delta



The
WATERFORD
A BRIA COMMUNITY

The Waterford offers unique and spacious suites, freshly renovated commons spaces and access to a private, two-acre walkable water feature. Located steps from the shops and services in the heart of Tsawwassen town centre. Featuring two excellent choices in supportive housing for seniors: 106 independent suites and 36 suites in our licensed Care Centre. **WaterfordSeniors.ca**



The
WEXFORD
A BRIA COMMUNITY

Discover intimate and elegant seniors' living with West Coast style in sunny Tsawwassen. Featuring sixty-five spacious and modern suites, tastefully designed common areas, and easy access to all the local amenities. You'll love the 360° views from our enchanting rooftop garden! Luxury independent senior living in sunny Tsawwassen. **WexfordSeniors.ca**



Bria Communities is a private,
locally-owned family of retirement
living communities where seniors
enjoy lives enriched with purpose,
friendship and happiness.



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Bria Communities
Magnolia Gardens
Sunridge Gardens
The Waterford
The Wexford



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BriaCommunities
BriaCuisine



**WATCH US ON
YOUTUBE**

Bria Communities

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